

Make Breast Cancer Detection Part of Your Summer Goals

American Breast Cancer Foundation <info-abc.org@shared1.ccsend.com>

Tue 7/16/2024 1:45 PM

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AMERICAN BREAST CANCER FOUNDATION

NEWS YOU CAN USE SUMMER GOALS EDITION



Become a Beat Breast Cancer Champion

We all have goals this summer! Ours is bringing 1,000 additional mammograms to underserved and uninsured breast cancer patients. **To do so, we need your help raising \$250,000 by Sept. 30.**

American Breast Cancer Foundation provides reduced-cost or free screenings to those who can't afford them, regardless of age, sex or race, but demand for our support has doubled in just the past two years. Your donation can prevent those facing breast cancer from being wait-listed or turned away from life-saving testing.

With a 99% five-year survival rate when breast cancer is caught at an early stage, early detection is the best line of defense. Together, we can save lives by making mammogram technology accessible to all. Become a "beat breast cancer champion" by donating today!



Support our summer goal and we'll support your summer style!

Every donation is needed and appreciated - no matter the amount. However, if you give \$250 or more, ABCF will automatically send you this fun pickleball drawstring bag as a special thank you (while supplies last).

[Donate Now](#)



Discover Two Ways American Recycling is Fighting Breast Cancer

We all treasure summer days outside in fresh air, and American Recyclers is working to ensure a cleaner, healthier environment for years to come. American Recyclers collects used textiles and turns them into a variety of other items, preventing them from ending up in landfills where more than 70% of all textiles go. This is critically important in preventing breast cancer as **recent studies conducted in the greater Los Angeles area found eight hazardous chemicals linked to breast cancer that come from landfills and similar sources**, according to the Breast Cancer Prevention Partners.

American Recyclers also helps those currently facing breast cancer by donating a percentage of the proceeds from their recycled clothing to ABCF and several other nonprofits. Their support helps fund our diagnostic screenings, increasing the survival rate of breast cancer patients. Understand the true impact of waste reduction by learning more about their recycling program and how they generously give back!

[Learn More](#)



Stay Informed with Everyday Health

If you're striving to stay informed about your health, Everyday Health has got you covered. Their award-winning staff and resources keep more than 65 million consumers up to date on how to take control of their health. Providing this unbiased and evidence-based content across a diverse range of topics also makes them a perfect collaboration partner for ABCF.

We're especially proud that Everyday Health highlighted our work in a recent article, sharing our important mission and services with their loyal readers. It's the start of our new information-sharing alliance focused on providing powerful information. Check out Everyday Health's article about ABCF today.

[Read More](#)



Feel the Love and Share Some Too

We all enjoy seeing loved ones during the summer, but most people don't realize you can also use gatherings like family reunions to support a great cause. Whether it's a barbecue cook-off or a cornhole tournament, you can get creative and make it a fundraiser for a cause close to your heart.

Host a summer field day with a sack race, water balloon toss and scavenger hunt for some outdoor fun. **Participants can donate to play, with winners receiving half and the other half going to a worthy nonprofit like ABCF.** Family members will certainly root for their own team, but

everyone will automatically be on team ABCF, beating breast cancer together.

If family reunions aren't on your calendar, there are always fundraiser staples like car washes, bake sales and raffles where you can have fun and fundraise at the same time. Explore additional inspiration on our fundraising page, which offers ideas, event checklists, and toolkits. If you'd rather raise money via social media, just visit our [fundraising page](#) on Facebook!

Fundraise

Fact of the Month



The risk of breast cancer increases by 28% when women are exposed to fine-particle air pollution.

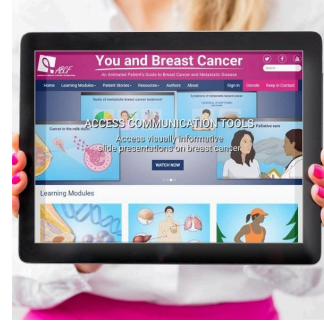
Breastcancer.org



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FUNDRAISING



EDUCATION

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