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## NEWS YOU CAN USE CANCER SURVIVORS EDITION



#### Join us in Saving Lives During National Cancer Survivors Month

June is National Cancer Survivors Month. We hope you'll use it as inspiration to join us in saving thousands of lives as we work to meet the sharp increase in demand for mammograms. American Breast Cancer Foundation has established a goal of raising \$250,000 by September 30 to fund 1,000 more mammograms,

#### but we need your help.

There are currently 18.1 million cancer survivors across the U.S., and female breast cancer survivors comprise the largest percentage of them, according to the National Cancer Institute. Until there is a cure, early detection is our best weapon. In fact, there is a 99% relative five-year survival rate when breast cancer is caught at an early stage.

ABCF proudly provides reduced-cost or free diagnostic testing to people throughout the country who could otherwise not afford it, regardless of age, sex or race. But with demand for our services doubling within just two years, raising these additional funds is essential. Please help us ensure no one facing breast cancer is put on a waitlist, or worse yet, unable to be supported at all. Donate today!



"Before calling, I felt as if I had nowhere to turn. My insurance wasn't going to cover the costs of my diagnostic mammogram, which I needed."

Gail Temple Hills, MD \*Picture changed for privacy

#### **Donate Now**



## Support Men in Being Breast Cancer Conscious Too



Police officer Chistopher Gallo was only 42 when a small lump behind his nipple was diagnosed as estrogen receptor positive breast cancer (ER+). He also tested positive for the BRCA gene mutation. After a double mastectomy, Christopher endured a series of chemotherapy treatments, followed by six weeks of radiation treatments and physical therapy. He said that while the road has been

At ABCF, we pride ourselves on providing access to anyone who needs diagnostic testing, regardless of sex, race or age. That's why we're excited to work with the Male Breast Cancer Global Alliance (MBCGA) to bring you the latest data and personal stories about the occurrence of breast cancer in men. MBCGA connects men with breast cancer with leading researchers, oncologists, and clinicians to advance research, enhance treatments, and provide advocacy.

Less than 1% off breast cancer diagnoses in the U.S. are in men. However, they have a higher mortality rate and also struggle with emotional issues connected to their masculinity, according to a study by the National Library of challenging, the support he received from family and friends has been unbelievable.

"My advice to other men going through this process would be to remember they are not the first, and there is support out there and just stay strong!" **Christopher Gallo**  Medicine.

As Father's Day approaches, take the opportunity to educate the special men in your life, keeping in mind that men of color have a 52% greater risk of breast cancer than white men. If a man discovers a lump in his breast tissue or lymph nodes in his armpit - or if he notices nipple changes or reddening or dimpling of the breast skin - he should see a doctor right away.



## **Raising Awareness in the African American Community**

As one of the most common cancer diagnoses in the U.S., breast cancer knows no bounds – but it does affect people of diverse races differently. In 2022, the American Cancer Society reported that "Black women still have a 4% lower incidence rate of breast cancer than white women but a 40% higher breast cancer death rate." While there are varied reasons for this disparity, the study authors noted that improved screening and treatment were essential to changing this startling statistic.

It's time to get real about the importance of early detection, especially among those in the African American community – and there is no better partner to help than the REALISH TV Talk Show. This pop-culture, YouTube streaming sensation addresses business, celebrity, and activism issues with one million national viewers. **The show's hosts recently talked about the importance of early detection and even asked their fans to donate to ABCF.** Thank you REALISH TV - together we can affect positive change!





### **Turning Donated Vehicles Into Critical Care**

Do you have an old car or truck, boat or RV, or even an ATV or snowmobile, collecting dust or costing too much in

maintenance? If so, ABCF has a win-win solution to help you get rid of it, enjoy a tax deduction, and help save lives!

**Our loyal partner, Breast Cancer Car Donations, not only accepts a wide variety of donated vehicles in all 50 states, but they'll pick it up from you and mail you an IRS tax-deduction receipt once it's sold.** Best of all, the funds the sale of your vehicle generates become a lifeline for people facing breast cancer, helping them get vital diagnostic testing they otherwise could not afford. Please consider helping by calling 866-540-5069 or clicking below to fill out their online form today.



# **Fact of the Month**

While less than 1% of breast cancer diagnoses occur in men, they have a 19% higher mortality rate than women.

National Cancer Institute



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